



Issue 35

August 2010

NEWSLETTER

Rancho Bernardo Swim & Tennis Club
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SUMMER FESTIVAL AUGUST 14TH

THE RBS&T ANNUAL SUMMER FESTIVAL
IS HAPPENING ON AUGUST 14TH
BETWEEN 11AM AND 5PM



COME FOR BURGERS, HOTDOGS, CHIPS,
SODA, BEER, AND MUCH MORE!

WATERSLIDE & MUSIC WITH DJ!
JOIN YOUR FRIENDS AND NEIGHBORS
FOR A FREE FUN AFTERNOON.

WE CAN USE YOUR HELP IN COOKING AND SERVING THE
FOOD. SIGN UP IN THE OFFICE TO VOLUNTEER FOR A
HALF HOUR SHIFT.

GUEST POLICY UPDATE

As a result of the article in the previous issue and aboard meeting, we received over one hundred comments ranging from do not change anything to instituting a guest fee after several 'free' guests. The comments were welcome but obviously there are many points of view and special circumstances that need

to be addressed. A committee was formed to review what was learned.

It was decided that everyone will show their membership badge upon entry. Data and information will be compiled from an entry system on the number of members and non-members entering the club. After 3 months of compiling data the committee would get together and discuss further recommendations.

YOUR ARCHITECTURAL COMMITTEE would like to remind all homeowners that, in addition to the CC&R's, there are four published Architectural Committee Policy documents. These provide guidance to homeowners on:

- Roofing
- Fencing
- Fining
- Storage Units

They are important documents for you to consider as you plan home improvements; copies are always available at the Club.

In this Newsletter, we are reproducing important issues from the Roofing Policy. We will reproduce information from other Policies in future Newsletters.

Materials approved for roofing vary according to the area in which you live and the CC&R's that apply in that area. When reroofing, you will need to understand what is approved in your area. You need to file an Application for Improvement and await Architectural Committee approval before starting the project and a sample of the roofing material must accompany your Application.

The Architectural Committee is always willing to meet with you on any project including re-roofing. The Committee meets at the Swim and Tennis Club on Saturday mornings at 8:00 am, unless a change in the time or cancellation is previously posted. Call the Club for an appointment at 858-487-5002.

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OUTLINE OF POLICY ON REROOFING

1. All replacement roofs need Architectural Committee Approval

before installation and a sample of the roofing material must accompany the Application.

2. In Bernardo Greens East, West, North and in Gatewood Hills, the following materials are acceptable: Maxi-Tile, Dura-Lite Lightweight Tile, Concrete Tile, Eagle-Lite Tile, Cal Shake, Aluminium Cedar Shake, Cedar Shake, Decra Tile.

The materials quoted above are compatible with and in harmony with existing roofs.

Fiberglass shingles (such as Elk Prestique), asphalt shingles and Hardi-shake are not compatible with existing roofs in these subdivisions.

3. In Bernardo Hills (also referred to as Bernardo Homes) asphalt shingles, fiberglass shingles and Hardi-Shake are compatible with existing roofs and may be used, as well as materials quoted in 2 above.

It is the homeowner's responsibility to determine if a City permit is required. Structural Engineers can be hired to determine if the structure will support the additional weight of new materials. Your roofing contractor will be able to assist you in this. If you have questions, please call the Architectural Committee at 858-729-1232 and leave a message. Your call will be returned within 24 hours.

CLUB 21 LIBRARY

If you have books, magazines, or DVD's at home that your family is finished with, drop them off at the front office and the staff will place them where others can enjoy them.

If you need a good read for the summer, step into the Club 21 meeting room to pick out a book. There is no sign-out procedure; this is just your neighborhood lending library which the Club has for your enjoyment.

OUR NEW EMPLOYEES

MYRNA DE LA PENA



You may have noticed a new face in the office. Well, that is me - Myrna De La Pena. I'm using this post to announce that I'm the new Architectural Committee Secretary. I have lived a great part of my life in Rancho Bernardo. I am a Rancho Bernardo High School Graduate and possess a Bachelor's Degree in Spanish Literature and in Criminal Justice. I have worked approximately 5 years in the Administrative setting. I very much enjoy the Rancho Bernardo Community and people; therefore, the RB Swim & Tennis Club is a perfect fit for me. I'm happy to be an asset to the Swim & Tennis Club's staff and to assist my community.



DIANA SWANEPOEL



Welcome Diana Swanepoel as the Bookkeeper/Office Manager of the Rancho Bernardo Swim & Tennis Club. Diana's qualifications include a Degree in Business Administration and years of experience in Property Management, Quality Control, training, office management and book-keeping. Diana is married to Louis Swanepoel and they have lived in Rancho Bernardo raising their three boys, Alec, Louie and Reinier for the past 12 years. The family enjoys volunteering in the Rancho Bernardo community and Diana was recognized for her contribution as one of PUSD Volunteers of the Year. She has a special gift for hospitality and loves using this gift to serve the community. The family is members of the Rancho Bernardo Swim and Tennis Club and enjoys the beautiful amenities the Club offers. Diana is excited to be part of the RBS&T team and looks forward to serving its members.



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ART & MUSIC WORKSHOPS

The Rancho Bernardo Swim and Tennis Club is delighted to inform you that International artist Marina Tamburri will continue her

Art Workshop on Fridays starting the 1st week of August. Marina has won many awards both here and abroad. Her continual use of a wide range of subjects makes her one of the most successful artists of today.

Classes will be offered on Fridays 10:00 am - 2:30 pm with a maximum of 8 students per class. For more information call 858-716-0474 or see website www.tamburriarts.com

Doris Tamburri Alumnus of the Los Angeles Civic Light Opera Musical Theatre Workshop will be sharing her expertise and vast experience by offering a musical Theater Workshop here at our Club. Classes will start again in August on Thursday 5:30-7:30 pm open to children and teens 7 - 14 years of age. For more information please call 858 395-6102 or see website www.tamburriarts.com

LIFEGUARDS AND CHILDREN

Parents please watch your children while in the pools and Jacuzzi. Lifeguards keep an eye on

the main pool only. The wading pool and Jacuzzi are not monitored by the lifeguards. Children under 14 must have a parent or guardian IN THE ENCLOSURE to be in the Jacuzzi. Please remind your children that balls can only be thrown to each other if both the thrower and receiver are in the water. No throwing from the deck into the pool or vice versa. Floating objects, except noodles, must remain in the shallow end of the pool, behind the black line across the pool at the 4 feet level. Floats can only be used if the pool is not very crowded at the discretion of the lifeguards.

Please warn your children that if they find a bee in the water or on the pool deck, to not touch it even if it appears dead. Please tell a lifeguard who will remove it safely. Last, but not least, take your small ones to the bathroom often so that there will not be an "accident" that will close the pool for a day. Have a safe and enjoyable stay at the Club.

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 Meal Preparation Light Housekeeping
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VisitingAngels
 Living Assistance Services
858-847-9978
www.VAngelsNC.com

RB Woodcrafters Charity Helps Kids

Although the members of the RB Woodcrafters Club come from diverse backgrounds, they share a love for creating useful and beautiful things out of wood. Affiliated with the Rancho

Bernardo Swim & Tennis Club, the Woodcrafters operate a well-equipped shop located at the RBS&T Club facility. Over the past few months, the all-volunteer Woodcrafters have expanded into the production of toys for charitable organizations. Working in concert with the San Diego Fine Woodworkers Association, the Woodcrafters have produced over 100 toys that have been donated to organizations where children spend time, such as hospitals, clinics, and churches. The initial batches of toys have been small “pocket cars” built out of scrap wood and donated materials. To support the San Diego Fine Woodworkers in their goal to produce over 1500 toys this year, the Woodcrafters will be tackling more complex toys over the coming months. These efforts give the club members a chance to improve and learn new woodworking skills while helping the community.

RETURN TO SERVE

by Lisa Maloney

Tennis players often hear that the two most important shots in the game are the serve and the return of serve. It is important to have a good serve but your game could really

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improve with a solid, consistent return of serve. In fact, your return of serve could be as big of a weapon as your first serve if it is executed properly.

Preparation and footwork are two of the most important aspects of the return of serve. Right before the server is about to hit the ball you want to split step. The split step will have you on your toes and ready to move towards the ball as it comes to you. As soon as you notice where the ball is going (towards your forehand or a backhand) take your racquet back by turning your body. If the serve is coming quickly take a shorter backswing so you are able to hit the ball in front of you. Regardless of the speed of the serve, you want to try and step into the court as you hit the ball. This will give you more pace and control while cutting off the angle of the serve.

No matter what style of player you are, hitting the return deep in the court with control is effective. Although a deep return is beneficial, it is good to mix up the placement of the return to keep the server guessing. If you feel your forehand or backhand return is stronger, stand where you can take advantage of your strength. For example, if you are returning from the ad-side and you prefer to hit a forehand return, stand closer to the singles line so you have a better chance of hitting a forehand.

Keep in mind, your return sets the tone for the whole point. So remember to split step right before the server hits the ball, get your racquet back early and step into your return! Go out and have some fun!

SCRAPBOOKING WORKSHOP

My name is Denice Park and I live in your neighborhood on Utopia Road. I am looking for fellow scrapbookers. I want to make you aware that I am currently holding workshops at the RBS&T in paper crafting (stamping, scrapbooking and 3-D paper art). If you are interested, I would like to encourage you to give me a call to sign-up and join me on Monday evenings from 6:30 - 8:30 pm in the Studio (formerly the Ceramics Room).

Wouldn't it be great to attend a workshop and see the type of art you can create? The workshop fee is \$10.00 and I supply all materials you will need to make the projects. Currently, you will leave with one scrapbook page and one handmade card. As your talent and confidence grows, so will the complexity of the projects. As an incentive, with 3 paid workshops, I am offering 1 workshop free of charge! Call me now to take advantage of this special deal and let's get started!

I also conduct workshops to do special projects that take more hours to complete, generally 4 hours. The workshop projects involve making card sets (6-12 cards), scrapbooking layouts (4 pages +) or special handmade theme albums and will be announced in advance. Sign-ups will be limited to available spaces in the Studio and must be paid in advance.

Denice Park, Your Creative Neighbor
Ph: (858) 487-4752